

GEEKY PRODUCTIVITY

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I use Agile methods, specifically SCRUM, to be more productive. Here's a "bite size" look at the major techniques I use – so you can mix and match!

FOCUS ON VALUE

Ask yourself what the value of your projects are.
Force-rank them to prioritize – nothing is ever of "equal" value.

WORK BREAKDOWN

Break down work to help you prioritize important parts.

- **PROJECTS** – Big efforts with specific ends.
 STORIES – Individual pieces of Value – best phrased as "As person X I want Y so Z" to get a clear vision.
- **TASKS** – Pieces of work in each Story to get it done.

Breakdowns help you deliver value and prioritize – as you may juggle many Projects at once.

BACKLOGS

Try keeping backlogs, reviewing, and prioritizing

- **Incubator** – Stick all your may-do ideas here!
- **Backlog** – Keep a list of things you want to do – Projects and maybe even stories.

Review these regularly to decide what to do, keep track of your goals, and revise them as needed!

SCRUM FOCUSES EFFORTS

- Pick time periods of about the same size. These are Sprints (I use a month)
- At the start of a Sprint, pick the topmost items in your Backlog you can do.
- Do them.
- At the end review, reprioritize, and do it all again.

There's a lot of Scrum advice and guides to use!

PACE YOURSELF

- Establish a Work In Progress limit to avoid multitasking, context switching, and distraction

GET VISIBILITY

- Make efforts visible so you stay engaged.
- I recommend a big chart if you're not sure – right on your wall.
- I track work as not started, in progress, in review, and done.

REVIEW AND IMPROVE

- Review your work and progress regularly so you can improve – a Retrospective.
- Don't be harsh – just use it as a way to get better.

STAY IN TOUCH

Communicate with people you work with, do stuff for, and more.
Communications is more effective and useful than big plans and elaborate updates.

EDUCATE YOURSELF

- There's so many resources for Agile, scrum, and productivity you can save time.
- Make improvement its own project!

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Suggested Reading List:

- **The Agile Manifesto** – www.agilemanifesto.org – The classic manifesto, it's a thought-provoking read – and you can search for the various people who wrote it and their works.
- **Getting Things Done by David Allen** – www.DavidAllen.com – Though his works aren't quite classifiable as Agile or Scrum (or indeed, any method), he has lots of good advice and tips. Also he has a whole "out-of-the-box" personal system.
- **Anything Else by David Allen** – www.DavidAllen.com – Dude writes a lot.
- **The Scrum Guides** - www.scrumguides.org - Online guides for Scrum!
- **Scrum: a Breathtakingly Brief and Agile Introduction by Chris Sims and Hillary Johnson** - What is says on the tin. A great quick guide!
- **The Checklist Manifesto: How to Get Things Right by Atul Gawande** – Using checklists to be more productive – useful for everyone!